

PSYCHOTHERAPIST In Capel Street, Dublin 1

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Dermod Moore MA MIAHIP MIACP

I was born in 1963 in Dublin. A former actor with the Abbey Theatre, I am also a qualified speech and drama teacher. I wrote for Hot Press for 18 years. I spent 13 years living and training in London, and moved back to Dublin in 2006.

I have been a member of the psychotherapy team in Liberties Counselling, a low-cost service for residents of Dublin 8, since 2006.

I worked for 3 years in an alcohol agency in Stratford, East London, and have a particular interest in helping people change old habits of thinking and feeling.

I enjoy working with couples as well as individuals, and am comfortable working through relational and sexual issues with clients. Confidentiality is assured.

What matters most in therapy is that you feel comfortable talking with your therapist - so it is important to find the right person for you. To that end, I offer half-price initial appointments, to help you in your search.

Peak times are, naturally, lunchtimes and evenings - if you can attend at other times I can be flexible with my rates for those on low incomes.

Dermod Moore

- MA (2004) Psychosynthesis Psychotherapy, University of East London
- Accredited by the Irish Association of Humanistic and Integrative Psychotherapy
- Accredited by the Irish Association for Counselling and Psychotherapy
- Writer and lecturer
- Interested in meaning-making and creative approaches to problems
- Unlocking habitual and addictive patterns, exploring what lies beneath
- Happy to work with individuals and couples
- Short-term or long-term work

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